



2018

February

Healthy For Life

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Hot Dog on a Bun Chick.Nuggets w/WG Bread Ham & Cheese Sandwich Baked Fries Vegetarian Baked Beans Fresh Celery Sticks Fresh Fruit or Juice	2 Cheese Pizza Chicken Patty Sandwich Ham Chef Salad w/WG Crackers Baked Fries Sweet Peas Fresh Baby Carrots Diced Pears or Juice
5 Meatball Sub Chick.Nuggets w/WG Brd. Ham,Turk.Cheese Wrap Baked Tater Tots Seasoned Peas Fresh Tomato Wedges Fresh Fruit or Fruit Juice	6 Mozz.Sticks w/Marinara Chicken Patty Sandwich All Amer.Cobb Salad w/Crkers Baked Tater Tots Golden Corn Cucumber & Tomato Salad Peach Cup or Juice	7 Grilled Cheese Sandwich Chicken Nuggets w/WG Brd. Chick.Caesar Sal.w/WG Crkrs. Campfire Beans Steamed Carrots Fresh Celery Sticks Fresh Fruit or Juice	8 French Tst.Sticks w/Saus. Hamburger on a Bun Chick.Caesar Sal.w/WG Crkrs Baked Tater Tots Fresh Broccoli Applesauce or Juice	9 BBQ Chicken Burger Pepperoni Pizza Ham & Ch.Sandwich Baked Fries Seas.Green Beans Sliced Red Pepper Diced Peaches or Juice
12 PARENT CONFERENCES Early Dismissal Breakfast Available Bag Lunch Available Order by 2/2/18	13 PARENT CONFERENCES Early Dismissal Breakfast Available Bag Lunch Available Order by 2/2/18	14 Fish Sticks w/WG Bread Chicken Nuggets w/WG Brd. Turk. & Cheese Sandwich Cinnamon Sweet Potatoes Sweet Peas Garden Salad Fresh Fruit or Juice VALENTINE'S DAY	15 Philly Cheesesteak Chick.Nuggets w/WG Brd. Brd.Buffalo Chicken Salad Vegetarian Baked Beans Fresh Celery Sticks Blueberries w/Whip Topping or Fruit Juice	16 Hot Dog on a Bun Cheese Pizza Ham & Cheese Wrap Baked Tater Tots Green Beans Baby Carrots Fresh Fruit or Juice
19 President's Day	20 Cheese Brd.Stick w/Marinara Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkers Campfire Beans Seasoned Green Beans Garden Salad Diced Peaches or Fruit Juice	21 BBQ Pork Sandwich Chicken Nuggets w/WG Brd. Ranch Chick.Sal w/WG Crkrs Baked Tater Tots Steamed Carrots Fresh Broccoli Fresh Fruit or Juice	22 Nacho Platter Hot Dog on a Bun All Amer.Chef Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice	23 Chicken Patty Sandwich Cheese Pizza Ham & Ch.Sandwich Baked Tater Tots Golden Corn Garden Salad Blueberries w/Whip Topping or Juice
26 Chicken Patty Sandwich Hot Dog on a Bun Ham & Cheese Sandwich Baked Tater Tots Sweet Peas Fresh Tomato Wedges Mixed Fruit Cup or Juice	27 French Tst.Sticks w/Sausage BBQ Rib Sandwich. Turkey & Cheese Wrap Baked Tater Tots Fresh Cucumber Slices Applesauce or Juice	28 Grilled Ch.on Pretzel Roll Chick. Nuggets w/WG Brd. Ham & Cheese Wrap Tomato Soup Fresh Celery Sticks Fresh Fruit or Juice	BAGGED LUNCHES 8th- Cheese Bread Stick, Applesauce Cup, SunChips, Choice of Milk 9th-Stf.Pretzel w/Cheese, Craisins, SunChips, Choice of Milk	PRICES: Free Reduced - \$.40 Paid - \$2.20

More Info...

Offered Daily
Fresh Fruit Or Juice
Fresh Vegetables

1% Milk
Skim Milk
Chocolate
Skim Milk

All Breads, Rolls, Pasta and Pizza Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.